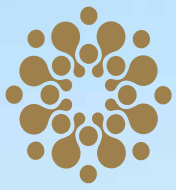


“There’s a vintage that comes with age and experience.” BON JOVI



# The Village News

THE VOICE OF ST. ELIZABETH MILLS



**Vol. 5**  
2018



# Live Every Day Like You're On Vacation

Resort-style Living at Upper Mill Pond

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Special Canada Day Celebration at The Village at St. Elizabeth Mills Don't Miss Out!

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# LIVE EVERY DAY LIKE IT'S A VACATION

It isn't just the incredible Health Club.  
It isn't just the Juice Bar in the lobby or the stunning recreational space.  
It's the attitude of fun and action that makes Upper Mill Pond the perfect place to live.



**Fitness Club**  
Part of the state-of-the-art Health Club, the Fitness Centre is outfitted with the latest cardio and gym equipment within a bright and beautiful setting that will make you look forward to working out.

**Pool & Spa**  
The stunning swimming pool at Upper Mill Pond offers 5-star luxury with bright windows that overlook the beautiful grounds and lots of places to relax with friends.



**The Lobby**  
A great place for a meet and greet. Here friends and neighbours can socialize in style anytime.

Suites at Upper Mill Pond are on sale now. With an expected completion in 2020, now's the time to reserve your suite with just 5% down upon reservation, and 25% upon construction start for a total of 30% down until occupancy. Plus you can lock in pre-construction pricing and save. Visit the Sales Centre and get all the details!

When it comes to an exciting lifestyle, the building amenities at Upper Mill Pond exist in a class of their own. From the luxurious yet comfortable lobby with its high ceilings and comfortable lounging spaces, to the sophisticated and convenient covered drop off, an extraordinary Health Club with indoor pool, spa, fitness centre, saunas, dance and movement studios plus hundreds of clubs and activities offered within the community, the Upper Mill Pond experience is unlike any other. Here residents can live a "resort-style" life 24/7. There is a continual roster of events within the community as well. You can enjoy an eclectic variety of social activities like wine tastings and dances, Canada Day celebrations and holiday festivities, musical performances and educational lectures. There isn't a moment that doesn't offer activity, if you want it! For people less motivated by these kind of events, there's plenty to enjoy as well – beautiful walks through 114 acres of surrounding parkland, sunsets on the patio or simply enjoying the views.

**The Advantages of Living in a 55+ Community**  
There's a tremendous advantage to living in a community of "like-minded" folks. Aside from the obvious social advantages, which provide you with a pool of people to do things with and talk to, programming is laser focussed on the activities that 55 "plussers" are into.

At The Village at St. Elizabeth Mills you'll find Pickle Ball and Politics, Wood Crafting and Book Clubs, Wine Tasting and Choral Groups. Whether you're into theatre and performance or yoga and Tai Chi, there's truly something for everyone. In fact, there are more than 100 different social/interest groups and clubs at The Village. But fabulous recreation is only part of the story. At The Village at St. Elizabeth Mills, we are currently selling our first mid-rise condominium-style building, Upper Mill Pond. This exclusive 55+ building gives you the safety and security of a lock and leave lifestyle – ideal for people who want to travel or who are seeking an elegant and affordable adult lifestyle. No need to share the pool with noisy kids or suffer raucous teenagers across the street. This is a community of people who value privacy and good neighbourliness; a community that is inclusive and friendly and one that celebrates fun for 55+.

To learn more, please visit our Presentation Centre at 1 Yates Gate, call 905-574-8178 or visit [LivingWithZest.com](http://LivingWithZest.com)

**Construction Update:**  
Planning approvals are scheduled for July 2018. Sales are now over 30%. Stay tuned!



**Event Space**  
Care to dance? Play cards? Listen to music? Screen a film? Host your family reunion? The Event Space within Upper Mill Pond gives you the opportunity to indulge in whatever activity you choose.





LOCAL LOVE

# 10 REASONS TO LIVE IN HAMILTON



## 1. A Beautiful, Natural Setting

Hamilton's location on the Niagara Escarpment is second to none. Aside from the incredible vistas of trees that stretch across the landscape and provide a verdant backdrop to the city, there are wonderful nature trails dotted with waterfalls that provide walkers, hikers and bikers with endless opportunities to explore. Some of the most popular destinations include:

- Webster Falls
- Dundas Valley Conservation
- Escarpment Rail Trail
- Albion Falls
- Bruce Trail
- Tiffany Falls
- Devil's Punchbowl Conservation
- Bayfront Park, and more!

## 2. Instant Access to Highways

Hamilton is an easy commute to Toronto, Guelph, The Tri-Cities, Niagara and more. Hamilton's efficient network of highways makes getting around and out of the city easy. Highway 403, Highway 8, Red Hill Valley Pkwy, and the Lincoln M. Alexander Pkwy are all accessible within minutes.

## 3. Eat, Drink and Be Merry

Hamilton has become a foodie paradise. There are restaurants galore that offer an eclectic variety of international and local cuisines. Some of the most notable restaurants are:

- Mezcal – 150 James St. S.
- Hambrgr – 49 King William St.
- The Ship – 23 Augusta St.
- Chicago Style Pizza Shack – 534 Upper Sherman Ave.
- Saltlick Smokehouse – 282 James St. N.



Enjoy charming watering holes and unique bars and restaurants throughout the city.

With Hamilton's International Airport a short drive away, you can travel easily to almost anywhere in the world.



## 4. Celebrate Life

There's always something going on in Hamilton! Over the years, Hamilton has become a Mecca for major music festivals, theatre, sports and concerts. It's home to:

- Dundas International Buskerfest
- Barton Village Festival
- Liquid Art Festival
- Brott Music Festival
- ArtsFest
- James Street Super Crawl
- The Hamilton Tiger Cats
- First Ontario Centre
- Theatre Aquarius, and more!

## 5. Big City with a Hometown Feel

While Hamilton has grown from its blue-collar roots as Steel City, it has morphed into one of Canada's most Ambitious Cities – where it leads the country in technology, medicine, education and industry. And yet – it retains its charming small town ambiance. It's the people of Hamilton that are committed to making their city a safe, happy, fun community for all.

## 6. Festivals

Hamilton is festival-central when it comes to great times. Everything from music, arts, beer and food are celebrated in uniquely Hamilton festivals throughout the year.

## 7. Affordable to Live Here

With all of the appeal of a metropolitan city, Hamilton is an ideal place to live and it's still affordable! Whether you are buying or renting a place to live, housing costs are dramatically lower in Hamilton (up to 50% lower) than they are in Toronto.

## 8. Golf Galore!

Hamilton and area is packed with stunning golf courses including both public and private clubs. Enjoy clubs within the City of Hamilton as well as outside in nearby communities like Dundas, Hannon, Milton, Stoney Creek, Alberton, Ancaster, Burlington and Mount Hope. Plus Upper Mill Pond has a unique relationship with the neighbouring Knollwood Golf Course which offers residents a great discount on membership.



The Royal Botanical Gardens is a hometown favourite. At 2,700 acres, it is the largest botanical garden in Canada and one of the largest in the world. Within its 60 documented collections approximately 40,000 plants are displayed in five major garden exhibition areas: the Arboretum, Hendrie Park, Laking Garden, RBG Centre and the Rock Garden.

## 9. An Active Waterfront

Enjoy boating, fishing and all the joys of Hamilton Harbour on its attractive waterfront.

## 10. Park It in Hamilton!

Hamilton is rich with beautiful parks and recreational opportunities enhanced by its gorgeous natural setting and proximity to both the Niagara Escarpment and Lake Ontario. The City has a robust Parks and Recreation Department that runs programs throughout the city that include swimming, skating, fitness, camps and more.

Discover the resort-style living today! Contact [sales@livingwithzest.com](mailto:sales@livingwithzest.com)

## Bargain Hunters Hit Hamilton!

You can buy a suite here for significantly less than the cost of a 55+ suite in Toronto. People typically save over 40% at Upper Mill Pond. Another great reason to buy here!

Upper Mill Pond has all of the lifestyle that people 55+ are looking for. It's beautiful. It's active. It's affordable. And it's selling now at pre-construction prices!

Compared to Toronto, Hamilton is a bargain hunter's dream. Lured by the affordability of homes in our fair city, many Torontonians are moving to Hamilton. But according to Nicholas Mizera (Opinion/ Blogs Editor HuffPost Canada), it isn't just about the lower home prices. He and his wife chose to move to Hamilton because of "its character, the friendliness, the nature." Hamilton, he says, "was our first pick, not the consolation prize. We moved here because Hamilton felt like home, not just because it made sense for our budget."

This trend is causing an increase in home values in Hamilton – with more demand than properties, prices have nowhere to go but up.

That can be a really good thing for people in the mature years who are thinking about selling their homes and buying something more practical for the future. Cashing out the equity in your home could provide you with enough cash to buy a beautiful suite at Upper Mill Pond and have enough left over for travel and other enjoyments. You'll love the fabulous 55+ lifestyle chock full of amenities, activities, groups and clubs as well as the convenience of easy lock and leave living.

The popularity of Hamilton as a hometown choice for expats from the big smoke has created a boom for Hamilton. Take advantage!



Hamilton is a golfer's paradise, surrounded by public and private clubs within the City and beyond.



## LIFE LEASE

Life Lease housing has been established in Ontario and Canada for over 50 years and, in recent years, has spread rapidly working to meet the needs of today's 55+ market. Statistics indicate that these people move an average of 3.2 times during their retirement years from their single-family home to a condominium or apartment, to a retirement home and, in some cases, to a nursing home. Life Lease developments are designed to allow mature adults to age-in-place by offering support services and friendly features in units which virtually eliminate the need to move again.

BY GARY ZOCK

# LIFE LEASE HOUSING ADVANTAGE



### Get up and go living

An important feature of Life Lease housing is that all maintenance, and in some cases utilities are the responsibility of the sponsor and are paid for by a Monthly Occupancy Fee from each resident. The Monthly Occupancy Fee allows residents to pay once a month and get on with their lives without being concerned about the security and maintenance associated with owning a home. Regular maintenance is taken care of for you; the result is the time and freedom to enjoy carefree living.

### Investment and security

Unlike rental accommodations, residents of Life Lease units have security of tenure. Most Life Leases have no termination date and the life interest may pass to the resident's estate just like a home. Life Lease residents also receive a return on their initial investment similar to the equity which may be realized on a private home.

### Lower capital, maintenance and operating costs

Most not-for-profit sponsors are acting with no profit motive; therefore, the operating costs of a Life Lease project are budgeted at the lowest break-even point, which minimizes the monthly costs and fees paid by the residents.

### A reassuring and supportive housing alternative

Unlike private homes, support services and amenities are readily available in Life Lease developments that allow residents to age-in-place in comfort and dignity. Support services can include meal service, housekeeping, laundry, healthcare and social programs. Amenities can include onsite fitness, wellness clinics and fine dining, resident lounges, and guest suites, all which contribute to a reassuring and supportive community.

### A cohesive community of shared values and interests

Common facilities in Life Lease projects such as lounges, libraries, recreational areas, and other multi-purpose rooms give residents an opportunity to get together as a community in the comfort of their own home. Residents are usually retirees with similar interests; opportunities develop for active participation, while maintaining a private independent lifestyle. No resident will have to feel alone or isolated.

### Attractive surroundings built to suit

Life Lease developments traditionally are better located, thanks to the sponsor's contribution of land. Some sponsors have successfully held on to prime sites waiting for an opportunity to provide a housing alternative for the 55+ market in the area.

Attractive indoor and outdoor lounges and meeting areas are standard. Lifestyle friendly features (walk-in showers) are built specifically to allow residents continued independence.

### Involvement in the project

Life Lease projects offer members of the sponsor group and local residents 55+ to be a part of the planning of the development rather than leaving it completely in the hands of professional developers. The result is a community built around the specific needs of those who will live in it and managed by a sponsor who is committed to meeting those needs. The 'building for ourselves' nature of many life lease projects is what makes Life Lease Housing so successful.

*As a pioneer in both the development and management of more than 75 Market Value Life Lease projects in Ontario (representing over 5,000 units), Gary Zock is considered the leading industry expert in the Life Lease field. Mr. Zock has consulted and advised many government agencies including the Ministry of Municipal Affairs and Housing, Canada Mortgage and Housing Corporation, and Municipal Property Assessment Corporation. He brings 30 plus years of experience in this very specialized area and is a great asset as the Project Manager for Upper Mill Pond.*

Find Out More at [LivingWithZest.com](http://LivingWithZest.com)

## WHO'S WHO

## MEET THE SABATINO'S

Guelph's Loss is Hamilton's Gain!

What impressed Larry and Janet Sabatinos the most about Upper Mill Pond was the quiet, serene nature of the community. They loved the peaceful, rural setting, the acres and acres of beautiful, natural land to explore, the sophistication of the building and the many activities and groups to participate in. The proximity of the chapel and convenient medical care were additional factors in their decision to buy at Upper Mill Pond.

Larry and Janet hail from Guelph and they began thinking about downsizing from their two-storey home to a one level. They have two married children and two grandchildren who live in Toronto and who they like to visit frequently. They looked in Don Mills, Leslie and Finch, Downtown Toronto, Brampton, Mississauga, Guelph and Kitchener. One

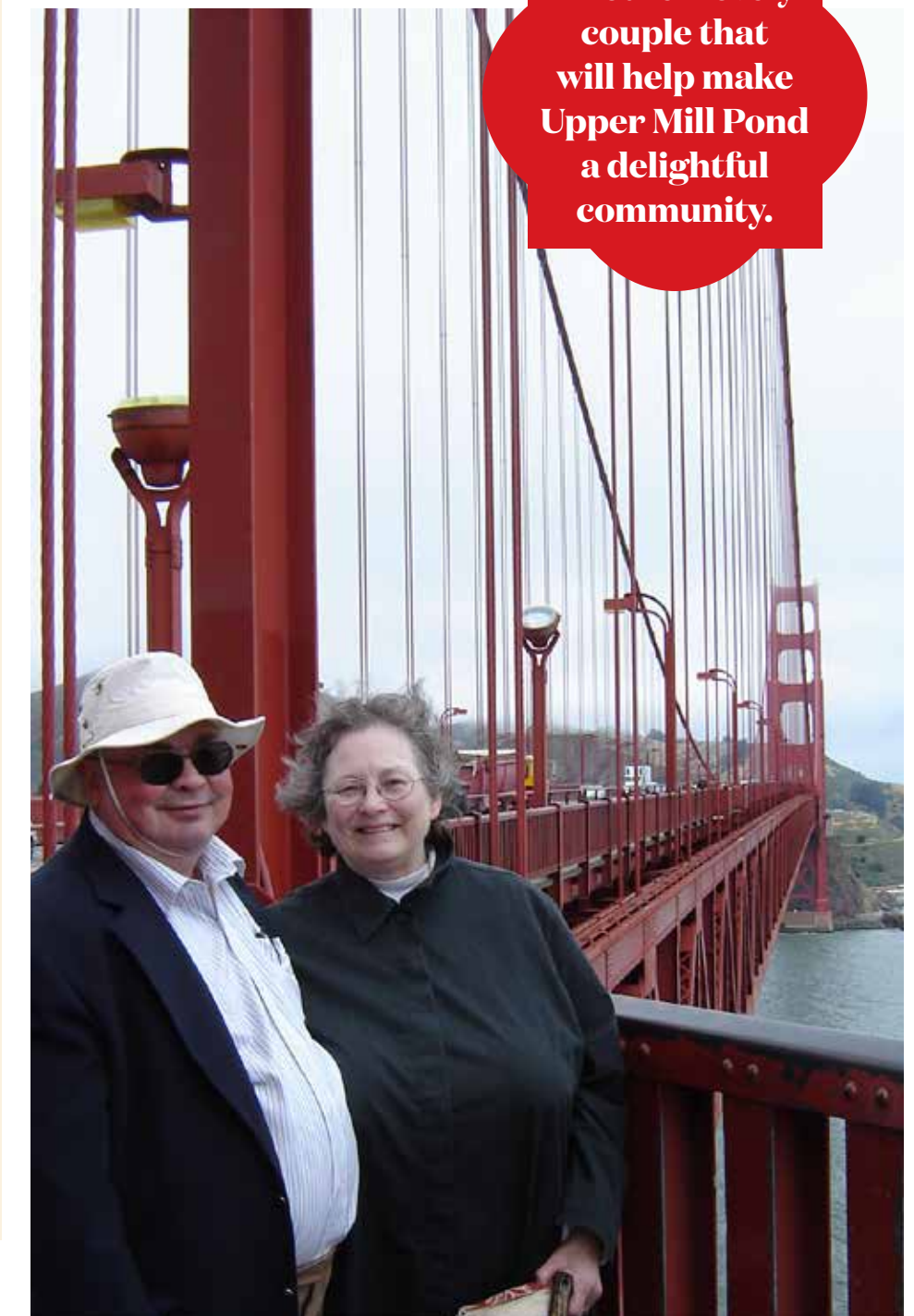
factor that was really important to them was the availability of medical care for Janet who has some health issues. Small town doctor shortages make it difficult for people with ongoing health problems. The situation in Guelph became dire and the Sabatinos' were able to find care in Hamilton at McMaster's Family Medicine Practice, De Groot School of Medicine. Finding a home in Hamilton became their mission.

They saw an ad for Upper Mill Pond in the January 2017 issue of Zoomer Magazine. Janet insisted that Larry contact Sheri Robins the sales agent, and she registered them for an information session for February.

They were excited to make a purchase and start planning their life at The Village at St. Elizabeth Mills.

Do you know a Zester you would like to see featured?  
Contact [sales@livingwithzest.com](mailto:sales@livingwithzest.com)

Another lovely couple that will help make Upper Mill Pond a delightful community.



# 8 GREAT REASONS TO BUY AT UPPER MILL POND

### #1 MORE AFFORDABLE THAN YOU THINK

Most people don't realize how affordable Upper Mill Pond is. The monthly maintenance fee is much less than the cost of maintaining a house. Add to this the savings on gym memberships and entertainment expenses. We think you'll find that the monthly cost of living at Upper Mill Pond is considerably less than it is in your current home.

### #2 ABUNDANT SOCIAL OPPORTUNITIES AND ACTIVITIES

If you think life in a 55+ community means sitting around, think again! You'll have the freedom to stay as active and as involved as you choose. In a 55+ community, you always have the option of relaxing in the comfort of your own suite or participate in the social life of the community. Whether you attend social get-togethers, bingo nights, sporting events, tournaments, educational or fitness classes, you'll find many rewarding and inspiring opportunities to be involved in. You may even rekindle an interest in hobbies that you finally have the time to pursue.



### #3 CONVENIENT AND EASY ACCESS TO HEALTH CARE

At Upper Mill Pond, you'll have convenient access to professional medical and nursing care close by, should you need it.

### #4 SAFETY, EMERGENCY SUPPORT AND PEACE OF MIND

Upper Mill Pond is handicap accessible and has built in conveniences that allow residents to "age in place". As well, you'll have peace of mind knowing that round-the-clock security will ensure your safety.



### #5 NO MORE HOME MAINTENANCE

No more shovelling snow is high on the list for most Canadians! Also consider no more lawn care, updating the shingles, changing the water heater – and the maintenance list goes on. All of these jobs are taken care of leaving you time to focus on activities you love and enjoy.

### #6 FITNESS AND WELLNESS CENTERS

Upper Mill Pond has a state-of-the-art Health Club with indoor pool, spa, fitness centre, saunas, dance and movement studios. Add to this the hundred of clubs and activities offered within the community and you can enjoy a resort-style life unlike any other.

### #7 RELAXATION

Whether relaxing to you means gardening, golfing, reading or shopping with friends, these are part of everyday life at Upper Mill Pond. When you choose to travel, there are no worries about finding a house sitter; the lock and leave lifestyle is stress-free.



### #8 NOW'S THE TIME

When you purchase a suite at Upper Mill Pond, you can look forward to an easier, care-free and exciting future. The money you make on the sale of your present home is often more than enough to buy at Upper Mill Pond, with cash left over to travel, add to your income or simply have fun with!

Call For An Appointment (905) 574-8178



**SPECIAL EVENTS**

**Don't miss The Village at St. Elizabeth Mills' Canada Day Celebration 2018 June 29th, 2018 from 5pm to 10pm**

It will be a ZEST-filled evening of food, fun, and great live music topped off with a breathtaking display of fireworks. This year brings a new collection of live performances with a new headliner.

- Great selection of wine and beer
- A collection of delicious food trucks and snacks
- An exciting line up of live entertainment with a returning artist, a magician and a special headliner
- By popular demand; a big fireworks display at dusk



**INFO SESSIONS AT THE VILLAGE**

**EVERY 4TH THURSDAY of the month**  
This is your opportunity to hear news first hand from the owners and Upper Mill Pond development team members. Plan to attend, ask questions and meet future neighbours.  
**Register today to reserve your space. Please call (905) 574-8178.**



**RESIDENT LED ACTIVITIES**

**If you can't find something to do at The Village, you just ain't lookin'!** There are close to 100 different activity groups to participate in as well as dozens of offsite trips and events.

**Bridge**

A trick-taking card game using a standard 52-card deck and is played by four players in two competing partnerships, with partners sitting opposite each other around a table. This popular game is played at the Edelweiss Clubhouse.

**Cribbage**

Each player looks at their six cards and "lays away" two of them face down to reduce the hand to four. The four cards laid away together constitute "the crib". The crib belongs to the dealer, but these cards are not exposed or used until after the hands have been played. Our residents enjoy this game at the Trillium Clubhouse.

**Karaoke**

Our residents enjoy occasionally hosting an afternoon of karaoke for each other in the Trillium Clubhouse. The next afternoon of karaoke is mixed with dancing and sandwiches. All of the proceeds raised from ticket sales will be donated to the Special Needs Resource Centre in Hamilton.



**T.O.P.S.**

Taking Off Pounds Sensibly is a group that meets at our Trillium Clubhouse once a week for support in weight-loss goals. T.O.P.S. is not a dieting club, but is a club that provides you with the tools you need to feel confident and supported in your decision to lose weight.



**Swimming**

Residents enjoy going with friends or family for a swim at our Trillium Clubhouse Swimming Pool. There are also exercise classes that take place in the swimming pool, as well as the occasional physiotherapy session. Beside the swimming pool, we have a hot tub that is also open for use.

**Shuffleboard**

During the winter months, shuffleboard is offered inside; however, now that the nice weather is here we have begun our outdoor shuffleboard! The organizers of this activity offer to teach anyone interested in learning the game so that they too can partake. Shuffleboard is held every Wednesday and Thursday.



**Other Activities Include:**

- Billiards/Snooker
- Bingo
- Book Club
- Carpet Bowling
- Choirs
- Coffee Talk
- Computer Class
- Euchre
- Exercise Classes
- Fitness on Demand
- Fortino's Grocery Bus
- Friend's In Grief
- Gardening
- Golf
- Good News Singers
- Greenhouse
- Hiking
- Horseshoe Pitch
- Jam Session
- Japanese Exercise
- Knitting
- Ladies' Club
- Ladies Craft Circle
- Lawn Bowling
- Library
- Line Dancing
- Men's Club
- Monarchist League
- Nordic Walkers
- Painting
- Scrabble
- Scrapbooking
- Stained Glass Workshop
- Table Tennis
- Tai Chi
- Texas Hold 'Em
- The Palettes' Art Group
- Water Exercises
- Woodworking
- Wood Carving
- Writing

**EVENTS AROUND HAMILTON**

**Hamilton and the surrounding area offers an incredible variety of festivals and events throughout the year. The close proximity of charming towns and quaint villages gives residents and visitors the opportunity to explore!**

**HAMILTON**  
**Upcoming Concerts**  
FirstOntario Concert Hall  
For details/tickets:  
(905) 546-3100  
[www.coreentertainment.ca](http://www.coreentertainment.ca)



**Listing:**  
**David Feherty**  
July 30

**Steve Earle and the Dukes**  
September 8

**Mastodon**  
September 19

**Sebastian Maniscalco**  
October 12

**Fogh Boorman Regatta**  
July 7, 8  
Royal Hamilton Yacht Club  
[www.rhyc.ca](http://www.rhyc.ca)



**Music at Fieldcote Sunday Nights**  
July & August  
Grounds of Fieldcote Museum  
[www.musicatfieldcote.com](http://www.musicatfieldcote.com)

**Because Beer: Craft Beer Festival**  
July 13 to 15  
Pier 4 Park  
[www.becausebeer.ca](http://www.becausebeer.ca)

**Fringe Festival**  
July 19 to 29  
107 King St., E  
[www.hamiltonfringe.ca](http://www.hamiltonfringe.ca)

**A Blast from the Past**  
July 28  
204 Ottawa St.  
[www.shopottawastreet.com](http://www.shopottawastreet.com)

**Festival of Friends**  
August 3 to 5  
Gage Park  
[www.festivaloffriends.ca](http://www.festivaloffriends.ca)

**Craftadian: Made in Hamilton**  
August 25  
175 Longwood Rd. S.  
[www.craftadian.ca](http://www.craftadian.ca)

**2018 Shark Golden Horseshoe Regatta**  
August 25, 26  
Royal Hamilton Yacht Club  
[www.shark24.ca](http://www.shark24.ca)

**James Street Supercrawl 2018**  
September 14, 15  
James Street  
[www.supercrawl.ca](http://www.supercrawl.ca)

**ANCASTER**  
**The Ancaster Fair**  
September 20-23  
[www.ancasterfair.ca](http://www.ancasterfair.ca)

**DUNDAS**  
**Farm Crawl Hamilton**  
July 14  
223 Weirs Lane  
[www.farmcrawlhamilton.ca](http://www.farmcrawlhamilton.ca)

**Dundas Cactus Festival**  
August 18, 19  
Dundas Downtown  
[www.dundascactusfestival.ca](http://www.dundascactusfestival.ca)

**FLAMBOROUGH**  
**Christie Antique and Vintage Show**  
September 8  
1000 Highway 5  
[www.christieshow.ca](http://www.christieshow.ca)

**ROCKTON**  
**Ice Cream Carnival**  
August 5, 6  
Westfield Heritage Village  
1049 Kirkwall Rd.,  
[www.westfieldheritage.ca](http://www.westfieldheritage.ca)


**WATERDOWN**  
**ArtsFest 2018**  
August 18, 19  
Griffin Street and Mill Street  
[www.artsfest.ca](http://www.artsfest.ca)



**Now Selling. Book Your Private Appointment.**

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Hamilton, ON L9B 1T8  
Tel: (905) 574-8178

**Monday thru Friday: 9am to 5pm**  
**Saturdays & Sundays: 12 Noon to 5pm**




**Discover the Summer Beauty of The Village.**